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The U.S. leads the world in quality of patient care and cures, but let's face it, too many people can't access health care and it's becoming unaffordable for families or business to provide its workers health insurance. Our health care system is seriously troubled and needs improvement.

It is time to put special interests aside and make health care more accessible and affordable for all our citizens. Priority for a new plan must allow you the right to choose your own doctor and choose the care that meets you or your families needs. The doctor-patient relationship must be sacred. No government bureaucrats should have more power over your health care than you.

The best way to reduce overall cost of health care is to focus on preventative care and early detection of all diseases and cancers. Any plan must educate people on how to stay healthy. Five preventative chronic diseases account for 75% of health care costs.

The system must change to rewarding wellness, healthy lifestyles, prevention, early detection and better comprehensive care for those who suffer from one or several chronic diseases.

I am concerned that the plan floating around the Congress today is a government takeover of your health care, empowering government bureaucrats and politicians to say when you can see a doctor, which doctor you may see, when you may see a doctor, or even worse if you can see a doctor. There will be no one to listen to you. We can do better than we are now, and we will.